

Patient Information:

Preparing for Your MRI Examination

How to Prepare for Your Appointment

Thorough preparation ensures a smooth MRI procedure. Please review the checklist below to get ready for your appointment.

Checklist:

1. **Remove Metal:** Remove all metallic items such as jewelry, piercings, watches, hairpins, keys, or belt buckles. Clothing should ideally not contain metal parts (e.g., zippers).
2. **Electronic Devices:** Do not bring electronic devices such as mobile phones, hearing aids, or credit cards into the examination room.
3. **Medical Conditions:** Please inform us in advance if any of the following apply to you:
 - Metal implants (e.g., pacemakers, neurostimulators, insulin pumps).
 - Tattoos (less than 6 weeks old) or piercings.
 - Claustrophobia – sedation may be an option, but it requires a companion to accompany you.
4. **Documents:** Please bring the following documents with you:
 - Your insurance card and referral form.
 - Previous medical records or imaging (if available).
 - Recent kidney function test results (not older than 2 weeks) if a contrast agent is required.
5. **Medications:**
 - If you take antidepressants, they may need to be paused if sedation is required. Please consult your doctor about this.
 - Speak to your doctor if specific preparations (e.g., for MRI Abdomen or MRI Scrotum) are necessary.
6. **Companion:** Arrange for someone to accompany or pick you up if sedation is required, as you will not be permitted to drive or participate in traffic afterward.
7. **Punctuality:** Plan for approximately two hours at the facility and arrive at least 15 minutes before your appointment.

If you have further questions, please contact our medical staff.